



March 2024 High School Breakfast Menu



Monday

Tuesday

Wednesday

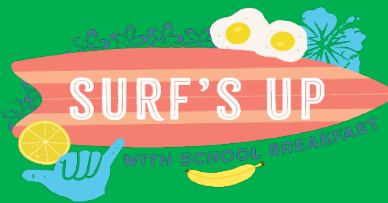
Thursday

Friday

St. Patrick's Day Facts

As long as you celebrate safely, St. Patrick's Day can be fun for all. Here are a few facts about the Irish holiday:

- St. Patrick's Day celebrates the traditional religious feast day of St. Patrick, the patron saint of Ireland.
- The first St. Patrick's Day parade took place not in Ireland, but the United States on March 17, 1793, in Boston.
- More than 100 St. Patrick's Day parades are held across the United States. New York City and Boston host the largest.
- There are roughly 35 million U.S. residents with Irish ancestry, more than seven times the population of Ireland itself.
- There are approximately 144,588 current U.S. residents who were born in Ireland**.
- You may hear some phrases in Gaelic/Irish on St. Patrick's Day. The most common: *Eire go braigh* = Ireland forever; *slainte* = good health/cheers.



Fresh Cinnamon Roll
OR
Cereal & Toast
AND
Orange Juice
Tater Tots
Savory Grits

1

Sausage Biscuit
OR
Cereal & Toast
AND
Orange Juice
Chilled Strawberries
Savory Grits



Pancake & Sausage Stick
OR
Cereal & Toast
AND
Chilled Peaches
Chilled Pears
Savory Grits



Dutch Waffle
w/wo Whipped Topping
OR
Cereal & Toast
AND
Fresh Kiwi
Diced Potatoes
Savory Grits



Pineapple Parfait
OR
Flavored or Plain Bagel
w/Cream Cheese
AND
Chilled Applesauce
Tater Tots
Savory Grits



Famous Beignet
OR
Cereal & Toast
AND
Orange Juice
Tater Tots
Savory Grits



4

5

6

7

8

Egg & Cheese Biscuit
OR
Cereal & Toast
AND
Orange Juice
Chilled Strawberries
Savory Grits

Homestyle Waffle & Sausage
OR
Cereal & Toast
AND
Chilled Peaches
Chilled Pears
Savory Grits

Classic Pancakes & Sausage
OR
Cereal & Toast
AND
Graves
Diced Potatoes

Tropical Smoothie
Graham Crackers
OR
Flavored or Plain Bagel
Cream Cheese
AND
Mixed Berries
Tater Tots
Savory Grits

Fluffy French Toast Sticks
OR
Cereal & Toast
AND
Orange Juice
Tater Tots

11

12

13

14

15

Chicken Biscuit
OR
Cereal & Toast
AND
Orange Juice
Chilled Strawberries
Savory Grits

Scrambled Eggs & Toast
OR
Cereal & Toast
AND
Chilled Peaches
Chilled Pears
Savory Grits



Southern Chicken & Waffles
OR
Cereal & Toast
AND
Apple
Diced Potatoes

Strawberry Yogurt Parfait
OR
Flavored or Plain Bagel
Cream Cheese
AND
Chilled Applesauce
Tater Tots
Savory Grits

Fresh Cinnamon Roll
OR
Cereal & Toast
AND
Orange Juice
Tater Tots

18

19

20

21

22

Sausage & Toast
OR
Cereal & Toast
AND
Orange Juice
Chilled Strawberries
Savory Grits

Pancake & Sausage Stick
OR
Cereal & Toast
AND
Chilled Peaches
Chilled Pears
Savory Grits

Dutch Waffle
OR
Cereal & Toast
AND
Orange
Diced Potatoes

Famous Beignet
OR
Flavored or Plain Bagel
Cream Cheese
AND
Chilled Applesauce
Tater Tots
Savory Grits

Good Friday
No School



25

26

27

28

29



March 19, Solemnity of Saint Joseph, Spouse of the Blessed Virgin Mary
Let us be inspired by the life of Saint Joseph: His humility, His willingness to listen to the voice of God. His unconditional love and protection for his wife and his child.

PALM SUNDAY

Jesus' triumphal entry of into Jerusalem

HOLY MONDAY

Mary anoints Jesus with perfume. Judas is scandalized and leaves.

HOLY TUESDAY

Jesus predicts Judas' betrayal and Peter's triple denial.

WHY HOLY WEEK?

We commemorate God's Immense Love for us through His Passion, Death and Resurrection.

HOLY WEDNESDAY

Judas betrays Jesus and hands him over to the chief priests.

HOLY THURSDAY

Jesus gives the New Commandment of love and institutes the Sacraments of the Holy Eucharist and of Orders during the Last Supper.

GOOD FRIDAY

the Passion and Death of Our Lord Jesus Christ
DAY OF FASTING
- 1 whole meal and 2 very light meals

BLACK SATURDAY

Contemplation of Jesus in the tomb in silence and adoration
- Catholics striving for Holiness

EASTER SUNDAY

Jesus triumphs over death, sin and evil with His Resurrection, proving He is God.



Low fat white milk or fat free flavored milk are offered with all meals.

This institution is an equal opportunity provider.

Menus are subject to change.